

Find information and resources that support your efforts in promoting brain health and supporting people living with Alzheimer's disease and related dementias, their caregivers, and families in Los Angeles County.

## News and Updates

- Upcoming Event!** In recognition of National Family Caregivers Month and Alzheimer's Disease Awareness Month, join the Los Angeles County Aging & Disabilities Department for the L.A. Found Webinar, "Empowering Caregivers: Financial Red Flags and Cognitive Health," today, November 18, 2025, at 1:00 p.m. [Register Now.](#)
- New Resource!** The National Down Syndrome Society (NDSS) has launched CARE Down Syndrome, a free online education hub designed to help clinicians provide quality care for adults with Down syndrome. Featuring accredited CME courses, clinical resources, and practical tools, the platform supports providers with evidence-based guidance and continuing education. [Access the resource here.](#)
- In Case You Missed It!** The BOLD Public Health Center of Excellence on Early Detection of Dementia has launched a new interactive decision tree tool to help organizations plan, implement, evaluate, and sustain comprehensive early detection programs tailored to their communities. [Access the tool here.](#)

Don't forget that November is...  
National Family Caregivers Month  
Alzheimer's Disease Awareness Month

## Funding Opportunities

### HILARITY FOR CHARITY: DEMENTIA CAREGIVER RESPITE PROGRAM

**Deadline: Rolling Basis**

Hilarity for Charity is offering respite grants to those providing care to their loved ones living with Alzheimer's disease or other dementias. These grants cover the cost of in-home or Adult Day Center care and have no cash value.



## Trainings and Webinars

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|------------------------------------|---|
| <b>Nov 19</b><br>11 AM PST         | <b>ASTHO:</b> Supporting Brain Health and Caregiving at the State Level. <a href="#">Register Now.</a>  |
| <b>Nov 19</b><br>1 PM PST          | <b>UCLA ADC Program:</b> Better Caregiving for All Webinar Series: Caregivers of Persons Living with Dementia and Addictions. <a href="#">Register Now.</a>                             |
| <b>Dec 2</b><br>11 AM PST          | <b>NDCC:</b> National Dementia Care Collaboratives 2025 Autumn Summit. <a href="#">Register Now.</a>  |
| <b>Dec 3</b><br>11 AM PST          | <b>DCA and National Care for Equitable Care for Elders:</b> Partnership in Care: Supporting Patients and Caregivers After Early-Stage Dementia Diagnosis. <a href="#">Register Now.</a> |
| <b>Dec 10</b><br>12 PM PST         | <b>DCA:</b> The Basic Live Training. <a href="#">Register Now.</a>  |
| <b>Mar 20, 2026</b><br>8:30 AM PST | <b>UCLA David Geffen School of Medicine:</b> Brain Health 2026 Conference. <a href="#">Register Now.</a>  |



## Community Events

Get involved! Promote these events to your network.

- |                              |   |
|------------------------------|---|
| <b>Nov 18</b><br>1 PM PST    | <b>L.A. Found:</b> Empowering Caregivers: Financial Red Flags & Cognitive Health. <a href="#">Register Now.</a>   |
| <b>Dec 3</b><br>11 AM PST    | <b>Alzheimer's LA:</b> Caring for Those with Alzheimer's: African American Voices. <a href="#">Register Now.</a>  |
| <b>Dec 4</b><br>4 PM PST     | <b>Alzheimer's Association:</b> Holiday Tips for Caregivers. Location: 9400 Rosecrans Ave, Bellflower, CA 90706. <a href="#">Register Now.</a>                              |
| <b>Dec 5</b><br>12:30 PM PST | <b>Alzheimer's Association:</b> Caregiving and the Holidays Altadena Sr Center. Location: Loma Alta Park 3330 Lincoln Ave Altadena, CA 91001. <a href="#">Register Now.</a> |
| <b>Dec 17</b><br>10 AM PST   | <b>Alzheimer's LA:</b> Making Home Safe for a Person with Alzheimer's. <a href="#">Register Now.</a>  |

## In the Spotlight - Clarity Pro: Financial & Legal Planning

Clarity Pro is a free tool to help health care teams identify social, legal, and financial needs of older adult patients and caregivers and get them the care and support they need.

Who is Clarity Pro for?

- Social workers
- Professional caregivers
- Patient navigators and advocates
- Legal professionals

[Download the flyer to learn more.](#) [Visit Clarity Pro to learn more.](#)

Clarity Pro and Clarity are developed by the UCSF-UC Law SF Consortium on Law, Science, & Health Policy in partnership with People Designs, with some support from the National Institutes on Aging and the AARP Foundation.



Share Clarity with patients and caregivers!

- Designed to help people make financial and legal plans so they can prepare for the future.
- Clarity features:
  - Easy-to-use web pages
  - Information in English & Spanish

[www.planforclarity.org](http://www.planforclarity.org)

Send success stories, achievements, or highlight ongoing initiatives to (healthybrainla@ph.lacounty.gov) to be featured in a spotlight.

## Featured Resources



### TOOLKIT **NEW**

**The USC Family Caregiver Support Center - Conversations that Matter Toolkit: Talking to Family Caregivers for Healthcare Teams.**



### LEARNING MODULE **NEW**

**University of California San Francisco's (UCSF) - Caregivers as Partners in Care Teams offers a self-paced training to help healthcare teams identify, engage, and support caregivers. Free CE/CME credits.**



### TOOLKIT

**Dementia Care Aware - Cognitive Health Assessment Implementation Guide is a practical step-by-guide to Cognitive Health Assessment implementation.**



### COMMUNITY RESOURCE

**Best Programs for Caregiving is a free online national directory of dementia care programs for dementia caregivers and professionals to discover and share.**



### LEARNING MODULE

**Dementia Care Aware's self-paced cognitive health assessment training and dementia mini-course. Free CE and CME/MOC credits.**



### TOOLKIT

**BOLD Center for Early Detection - Early Detection of Dementia Toolkit - Health Systems.**



### Got News?

Send resources and news about upcoming events or initiatives that you would like to promote in our monthly newsletter to healthybrainla@ph.lacounty.gov.



@ChooseHealthLA #HealthyBrainLA



[www.publichealth.lacounty.gov/healthybrainla](http://www.publichealth.lacounty.gov/healthybrainla)



**HBLA**  
Healthy Brain LA